



(800)451-9711

Silicone Wristband Sizing Guide

This simple to use guide will help you decide which size Strong I.D. wristbands to purchase for yourself.

1. Print this form.
Make sure that "Page Scaling" is set to "None".
2. Cut out the size you prefer.
3. Wrap it around your wrist and tape the ends together.

Remember that the actual wristbands will stretch.

 X-Small - Approximately 5.5 inches

 Small / Medium - Approximately 7.5 inches

 Large - Approximately 8 inches